



Trauma Informed Therapies Financial ROI FAQ

What is a Financial Release of Information Form (ROI) and what is it for?

A Financial Release of Information Form (ROI) documents your consent for Trauma Informed Therapies (TIT) to share information regarding your treatment to your insurance provider. It is necessary for TIT to share this information so that your insurance provider can file, process, and support insurance claims. It is important for you to know that if you are using your insurance to pay for therapy, your insurance agency has the ability to request your records, request a conversation with your therapist about your treatment, receive updates from your therapist pertaining to your treatment, and to receive information about your mental health diagnosis from your therapist/therapy records. Your therapist is required to submit your mental health diagnosis to your insurance agency if you are using your insurance to pay for therapy.*

Why is a Financial ROI needed?

To comply with federal healthcare laws and to ensure your continued right to privacy, TIT must obtain your consent in writing before communicating with your insurance provider about you or the services you are receiving at TIT.

For how long is this ROI valid?

The Financial ROI is valid for three (3) years from your last date of service at TIT, unless you revoke the ROI prior to that date.

What if I/we decide not to fill out a ROI?

If you decline to fill out a ROI for your insurer, TIT will not be able to bill the insurer for your services and you will be financially responsible for all services and charges incurred while obtaining treatment at TIT. Declining to complete a Financial ROI means that you are electing to self-pay for services at TIT as specified in the Financial Policy Agreement.

How can I revoke my consent?

Financial ROI's can be revoked before their expiration date. To do this, please send a signed and dated letter stating which authorization/with whom you would like to revoke your Financial ROI. Please send this letter to us at: Trauma Informed Therapies, 222 W Mission Ave, Suite 122, Spokane, WA 99201. Letters that are received will be kept in your chart as record of the revoked release.

**Please note: If your therapist determines that you do not meet the criteria for a mental health diagnosis as according to the Diagnostic and Statistical Manual of Mental Disorders-5 (DSM-5), your mental health therapy will not be deemed medically necessary and therefore you cannot use your insurance for billing purposes.*